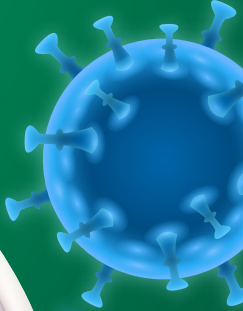
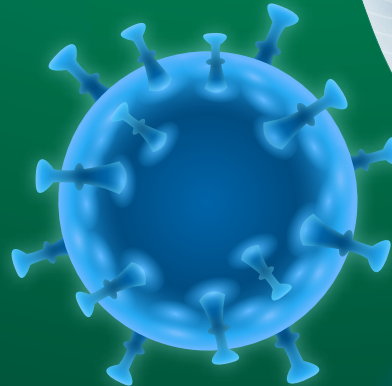




PSA COVID RETURN TO PLAY PROTOCOL





PSA COVID RETURN TO PLAY PROTOCOL

The primary aim of this PSA Covid-19 protocol is to protect the health and safety of our players, parents, coaches, all essential personnel in a safer return to training and match-play at the PSA Bayan.

YOU MUST STAY AT HOME IF:

- ☀ You have symptoms of COVID-19
(new persistent dry cough, fever, loss of taste or smell)

- ☀ you or a member of your household have had a positive test for COVID-19 or onset of symptoms of COVID-19 in the last 10 days

Individuals who have completed their period of isolation (10 days) and have no remaining symptoms other than a dry cough or loss of taste or smell which can last for some time may return to normal activities



YOU MUST

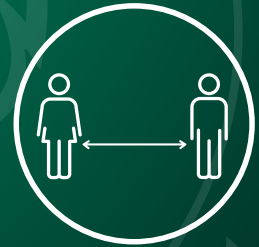
- ✦ Familiarise yourself with these COVID-19 safety protocols at the PSA v
- ✦ Ensure PSA has up-to-date contact details for you
- ✦ If you have additional concerns due to underlying medical conditions – or living with people with underlying conditions – please discuss these concerns with the PSA registrar and/or your child's lead coach



WEAR A FACEMASK



WASH YOUR HAND



SOCIAL DISTANCING

WHEN THE COACHING PROGRAMME RESUMES NUMBERS WILL BE RESTRICTED AS FOLLOWS:

☀ Players aged 3-11 years

- * 1 group of up to 10 (ratio of 1 qualified coach : 10 players will be maintained throughout, additional adult coaching assistants will maintain adult:player ratio)
- * Maximum of 15 players and coaches on 1 training area*

☀ U12 – U17 youth players

- * Groups of up to 15 (ratio of 1 qualified coach : 14 players will be maintained throughout, additional adult coaching assistants will maintain adult : player ratio)
- * Maximum of 15 players and coaches on 1 training area*

**Training area for each group will be clearly defined by pitch markings and markers*



PSA FOLLOWS FOOTBALL ASSOCIATION SAFEGUARDING POLICIES & OTHER ASSOCIATED POLICIES TO ENSURE THE SAFETY AND WELL BEING OF ALL PLAYERS

- ⚡ Only **essential personnel** are permitted access onto the training pitch/area

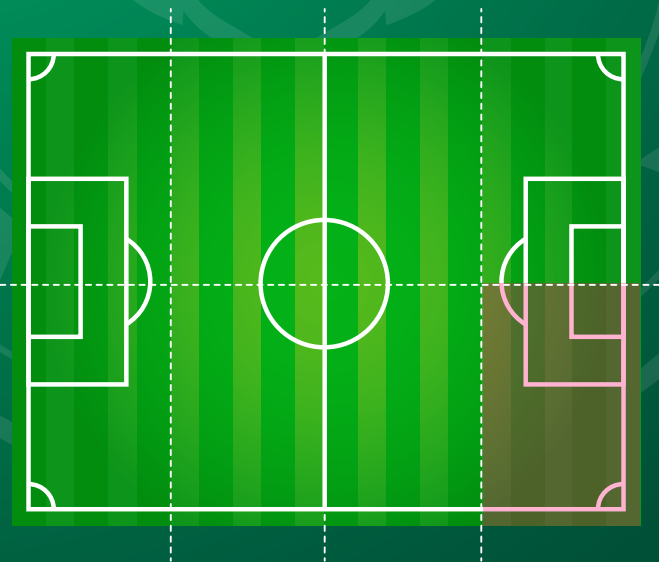
Essential personnel = Players, Coaches, Coaching Assistants, First aid qualified person, Club Officials - no parents or spectators

- ⚡ Intra-academy training matches will not take place at this stage but may be introduced from 2002



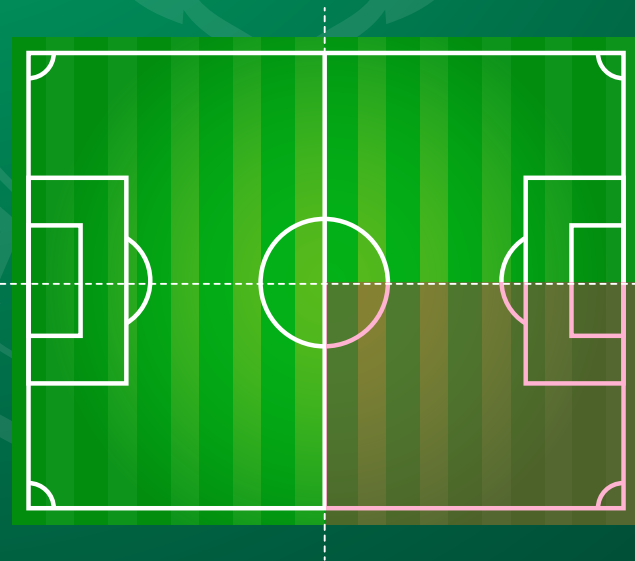
PSA FOLLOWS FOOTBALL ASSOCIATION SAFEGUARDING POLICIES & OTHER ASSOCIATED POLICIES TO ENSURE THE SAFETY AND WELL BEING OF ALL PLAYERS

- ✦ FA and Celtic have produced coaching activity resources to support coaches deliver activities that adhere with the protocol guidelines - coaches should follow these coaching guidelines at all times
- ✦ FA and Celtic Coaching resources are available for suggested appropriate activities
- ✦ For **3-8 year old** players, the minimum size of the training area must be one eighth full-size football pitch, if working with 15 players and coaches



PSA FOLLOWS FOOTBALL ASSOCIATION SAFEGUARDING POLICIES & OTHER ASSOCIATED POLICIES TO ENSURE THE SAFETY AND WELL BEING OF ALL PLAYERS

- ✦ For **9-16 year old** players and above, the minimum size of the training area must be one quarter of full-size football pitch, if working with 15 players and coaches
- ✦ Size of the training area may be amended according to the number of participants
- ✦ Social distancing should be maintained before and after training and during breaks



ALL ACTIVITY MUST TAKE PLACE ON THE TRAINING PITCH OR AREA AND FOLLOW PSA GUIDELINES, PLAYERS & COACHES MUST ADHERE TO GUIDELINES ON HAND HYGIENE AT ALL TIMES

Contact in training sessions should be kept to a minimum:

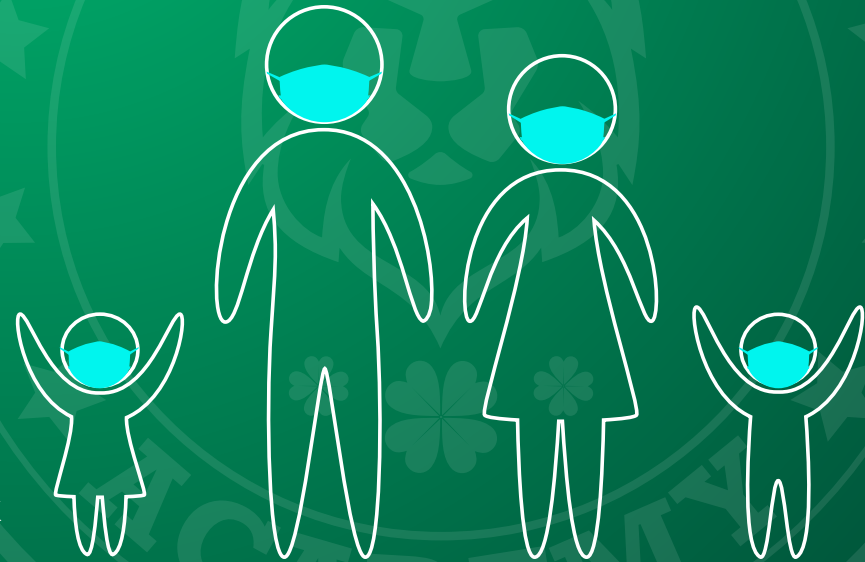
- ⚡ **NO** handling of the ball (*apart from GKs wearing gloves*)
- ⚡ **NO** throw-ins (*pass-ins should replace these for matches*)
- ⚡ **NO** hand contact (*handshakes, first bumps etc*) instead a greeting such as hand on heart should be encouraged
- ⚡ **NO** spitting is allowed



- ✦ All players & parents / guardians of underage players must be familiar with this PSA Celtic Return to Play protocol
- ✦ PSA will ensure that all players & parents of underage players are informed of the protocol before returning to training via the PSA WhatsApp messaging system & social media.
- ✦ Hard copies will be issued upon registration
- ✦ Players and parents are advised to keep up to date with the latest advice and information via PSA social media



- ✦ Underage players aged 3-8 may be escorted to the pitch by parent/cater. Players aged 9 and above must be dropped off at the entrance gate
- ✦ Parents should avoid remaining at the Bayan venue unless there is a safeguarding or health reason for them to be present for 3-8 year olds only
- ✦ Any parents who need to remain with their children for safeguarding or health reasons must adhere to social distancing and wear a face mask at all times



- ⚡ Players must arrive in their training or playing kit and with their own equipment including water (*labelled with their name*) and shin pads
- ⚡ Goalkeepers, or any player acting as a goalkeeper, must wear their own gloves
- ⚡ Players may use the hand sanitiser located at the entrance gate but in addition should bring their own hand sanitiser
- ⚡ Personal items must be labelled with the player's name and not shared



✦ Changing rooms and showers will not be available

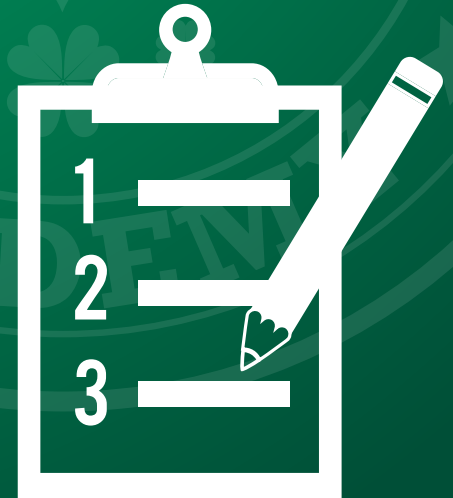
✦ Drinking water bottles available at the Canteen

✦ Cleaning of training bibs, equipment, bathrooms
and office area will take place after the
completion of each days session



THIS PSA COVID-19 RETURN TO PLAY PROTOCOL IS BASED UPON RECOMMENDATIONS FROM THE FOOTBALL ASSOCIATIONS OF THE UNITED KINGDOM AND WILL BE UNDER REGULAR REVIEW

- ✦ PSA will of course be subject to any directives from the Ministry of Health in Kuwait and any guidance provided by the Ministry of Education and Public Authority for Sport.





**THANK YOU FOR
YOUR PATIENCE,
LOOK AFTER EACH OTHER
& STAY SAFE**